Instructions – PMB-01-2001

Thank you for your purchase! We are confident that you will be pleased with the quality of our product.

**Parts List:**
1-Kickstand
1-8x30 FH
1-8x70 SH
1-8x10x5 Spacer

*NOTE:* We recommend using a thread-locking agent on all bolt threads.

**To install your new kickstand:**
1. Remove the lower chain roller and bolt; make sure you keep track of the order of the small parts for re-assembly. Remove the sub-frame to main-frame bolt.
2. Install the provided sub-frame bolt spacer into the sub-frame bolt hole.
3. Install kickstand on the bike using the 8x30mm flat head bolt. Re-Install the chain roller using the 8x70mm socket head bolt, if the bolt is too long cut it off with a hacksaw or die grinder. We recommend using a removable thread locking agent on the bolts.
4. Make sure that you tighten all bolts to the correct torque.
5. Periodically check the kickstand pivot bolt for tightness.

**To prevent damage:**
- Clean and lubricate the kickstand pivot area after each ride! We recommend using a penetrating lube, such as WD-40. If necessary, you can remove the back cover plate for additional cleaning.
- Carefully position kickstand up and down.
- Do not start/sit on bike with the kickstand down.